

Survival

Survival and bush craft experience

Now it's time to really see if you can survive in the wilderness! Our survival and bush craft 5 day course will teach you all the necessary skills to be able to live and survive comfortably in the mountains. Go into the bush with our military trained experts and see what it's really like to fend for yourself.

We all have our basic needs to survive; we will teach you how to obtain those needs within the harshest of environments. Our trained survival experts will take you on a 5 days experience of a life time.

Our experts have lived and trained across the globe from the ice caps to the deserts and from the mountains to the jungle. Quest expeditions offer you the chance to experience such adventure in the your own back yard.

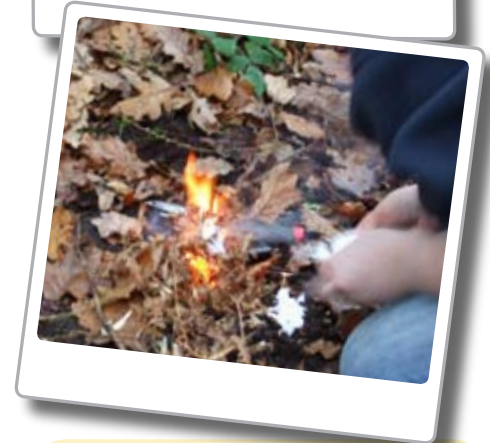
Survival and bush craft 5 day course

Living in the mountains is an exhilarating experience but living off the mountain is even better. Learn how to build your own comfortable shelter from natural surroundings. Collect natural recourse's and provisions from the country side. Build your own fire for heat and protection. Catch, skin and eat your own food or have fish for supper from a local stream. Collect and purify your own water and disguise yourself from lurching dangers.

We will teach you construction of brushwood shelters, finding collecting and sterilization of water, fire lighting, introduction to collecting edible plants and fungi, uses of medicinal plants, traps and snares, game preparation, map and compass, survival navigation, s.o.s

The experience will take over 5 days with all candidates living purely off the land for that time. So be prepared to wash in the waterfalls, cook in the ground and sleep under the stars. Applicants need no previous experience but must be able to deal with challenging environments and situations.

5 days and 4 nights - £450



All our outdoor activities take place within the natural beauty of Wales' National Parks. Now is the time to do some of those activities you have always wanted to try under the safety and guidance of experienced instructors. Call us now for an experience to remember:

Cardiff - 02920 303545
Porthcawl - 01656 783310
or Swansea - 0870 2424886

QUEST EXPEDITIONS OUTDOOR ADVENTURES

Name of individual / organizer

Address:

 post code:

Age d.o.b. Contact no.

E-mail address.

Number attending activities :adults under 16s total

Activity's requested :

Preferred activity date 2nd date choice

Fees

The balance of your activity fee is due 6 weeks before the start of your activity. In the meantime, you should send your deposit (£25 p.p for 1&2 day activities, £50.00 p.p for all other activities) with this form.

The full fee for my activity is £

I am paying a deposit of £ for persons totalling £

If more than 6 weeks to start of activity.

Full activity fee of £ for persons totalling £

If less than 6 weeks to start of activity.

Cheques to be made payable to quest expeditions. Total £

We strongly recommend that you take out a personal insurance policy.

I agree to abide by the booking conditions. (terms and conditions on reverse)

Signed _____ date _____

Please could you also sign the reverse of thios booking form. Joining instructions and kit list sent on return of completed booking form. Thank you.

RETURN ADDRESS: Quest Expeditions (Head Office) 49 New Road, Porthcawl, South Wales CF36 5DH Great Britain

BOOKING TERMS AND CONDITIONS.

1. Fees.

To book your activity with quest expeditions telephone the office to check the current cost and availability. At this point a provisional booking will be held for 10 days.

Places on an activity can only be reserved in writing. Provisional bookings do not hold firm until the required deposits and completed booking form have been received.

All places must be reserved by quest expeditions receiving a completed booking form and a deposit of £25.00 for 1&2 day activity and £50.00 for all other activities.

The balance of the fee is payable 6 weeks prior to commencement of the activity. In the event that the balance is not paid by due date quest expeditions will have the discretion to treat the booking as cancelled by the client and re-sell the activity place.

The whole activity fee is required to reserve a place for any booking made within 6 weeks of the commencement of the activity.

2. Cancellation by client.

All cancellations must be in writing.

In the event of cancellations for reasons other than illness or injury (medical certificate required) the following charges apply: -

More than 6 weeks prior to activity commencement	loss of deposit only.
Between 6 to 4 weeks prior to activity commencement	50% of activity fee.
Between 4 to 2 weeks prior to activity commencement	75% of activity fee.
Less than 2 weeks prior to activity commencement	full payment.

3. Cancellation by Quest Expeditions.

Whilst every attempt is made to ensure that activities actually run, we reserve the right to vary or cancel any activity. If this should become necessary due to dangerous and / or unsuitable conditions. In the most unlikely event of cancellation by quest expeditions, monies will be refunded in full or an alternative activity date will be offered.

Quest expedition shall notify the clients of cancellation not less than five days prior to the commencement of the activity where numbers as a result of client (s) cancellation failed to reach a workable minimum for the commencement of the activity.

In the event of cancellation clients will be offered the choice of the following options:-

- Full refund of the activity fee paid;
- Another activity on a different date.

4. Safety.

All activity members must comply with safety regulations and instructions of quest expeditions staff.

Should an instructor find that an activity member/ s is being disruptive or jeopardizing the safety of others then that person / s will be asked to leave the activity.

Due to the nature of our activities we strongly recommend that you take out an insurance policy before you attend an activity.

Booking form conditions.

I have had brought to my attention the terms and conditions relating to this booking, in particular, those concerning cancellation.

I understand that bookings are accepted on the understanding that quest expeditions safety regulations are observed.

I accept that quest expeditions are not under any liability whatsoever in respect of loss or damage to personal property, not caused by the negligence or default of quest expeditions, its suppliers, its agents and employees whilst attending the activity.

I have had my attention drawn to the information about insurance cover in paragraph 4.2.

Signature _____

date _____